

THE ROASTERY

ROAST: MEDIUM TO DARK

TASTING NOTES: CHOCOLATE & WARM SPICE

Soy milk no charge | Almond milk** +10 | Decaf +3 | Whipped cream +6

AMERICANO	30
FLAT WHITE	30
CAFFÈ CRÈME	34
CLASSIC CAFFÈ MOCHA	38
EASY CAPPUCCINO	32
SERIOUS CAPPUCCINO	36
CLASSIC LATTE	35
Add Hazelnut Syrup**	+6
DIRTY CHAI CAPPUCCINO	40



*May contain nuts **Contains nuts

HOT DRINKS

MATCHA LATTE	48
EASY RED CAPPUCCINO®	36
SERIOUS RED CAPPUCCINO®	40
CARIBBEAN CAFFÈ MOCHA	45
HOT SALTED CARAMEL NEW	35

COLD DRINKS

STILL SPARKLING MINERAL WATER	20
SOFT DRINKS NO SUGAR SOFT DRINKS	25 24

ORIGINAL MUGGACHINOS

Refreshingly blended iced coffee.

CHINO VEGAN CHINO VN	42
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SMOOTHIES

MIXED BERRY	43
Berry coulis, blueberries, banana, honey, oats & full-cream plain yoghurt.	

GREEN VN	38
Pineapple, spinach, celery, apple & passion fruit purée blended with ice.	

FROZEN DOUBLE LEMONADES	34
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PASSION FRUIT & RASPBERRY MANGO & MIXED BERRY APPLE & MINT	
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DOUBLE THICK MILKSHAKES

Chocolate Vanilla Strawberry Bubblegum Lime	
Small (270ml)	34
Medium (350ml)	40
Tall (460ml)	44

BREAKFAST & BRUNCH

CLASSICS

Fried, scrambled or poached eggs. Served with buttered white, wholewheat or rye toast.

ON-THE-GO	50
Two eggs, beef macon & grilled tomato.	

CLASSIC	68
Two eggs, honey-glazed beef macon, grilled tomato & a hash brown. Served with rosemary-salted skin-on fries.	

BREAKFAST BUN (excludes toast)	57
Sesame brioche bun°, beef macon, cheddar, fried egg & caramelised onions. Served with tomato chutney.	

SOUTH AFRICAN FARM	110
Two eggs, beef macon, a hash brown, grilled tomato & boerewors topped with tomato chutney.	

VEGAN FRY UP NEW VN	79
Vegan sausages, sautéed baby spinach, herbed mushrooms, a hash brown & pan-roasted rosemary cherry tomatoes. Served with shakshuka sauce & your choice of unbuttered toast.	

LG Substitute your toast for a slice of low-carb bread +19

NUTRITIOUS & DELICIOUS

AVO^ ON TOAST V	53
Cucumber, baby spinach, lemon zest & sesame seeds° on lightly buttered wholewheat or rye toast.	1203 kJ / 1207 kJ

LOW-CARB BREAKFAST V	77
Two poached eggs, grilled halloumi, avo^, sautéed baby spinach & pan-roasted rosemary cherry tomatoes.	2559 kJ

YOGHURT, FRUIT & NUT BOWL V	67
Full-cream plain yoghurt, fresh seasonal fruit, honey & a sprinkle of walnuts**.	1564 kJ

★ | Our potato & sweet potato fries are locally sourced & we leave the skin on to retain nutrients & reduce waste

^Subject to availability
**Contains nuts
°Contains sesame seeds

OMELETTES

Three-egg or egg white omelette. Served with buttered white, wholewheat or rye toast.

CALIFORNIA	110
Filled with cheddar, mozzarella & fresh basil. Topped with avo^, beef macon, feta & basil pesto mayo**. Served with pan-fried rosemary cherry tomatoes.	

RANCHEROS	105
Filled with cheddar, mozzarella & shakshuka sauce. Topped with beef sausage, avo^, baby potatoes, charred corn, cherry tomatoes & sriracha mayo. Served with sour cream.	

EGGS BENEDICT

Two poached eggs, hollandaise sauce & a toasted English muffin.

★ | For a healthier option, order without an English muffin

CLASSIC	83
Topped with pastrami. Served with grilled tomato & a hash brown.	

FLORENTINE NEW V	83
Topped with sautéed baby spinach. Served with grilled tomato & a hash brown.	

BIG BEN	105
Topped with baby spinach, fresh tomato, hash browns, cheddar, pastrami, beef macon & battered onion rings.	

BAGEL

BREAKFAST NEW	59
Buttered & toasted bagel, beef macon, scrambled egg, rocket, tomato chutney & basil pesto hollandaise**.	

★ | We are committed to only using free-range eggs

^Subject to availability
**Contains nuts
°Contains sesame seeds

TOASTED SANDWICHES

Buttered & toasted white, wholewheat or rye bread. Served with a side of rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

CHICKEN MAYO	65
BEEF MACON & EGG	73
CHEDDAR & TOMATO V	56
PASTRAMI, CHEDDAR & TOMATO	73

OPEN SANDWICH

ALABAMA CHICKEN PANINO	105
Grilled chicken breasts, tomato & beef macon on butter & garlic brushed ciabatta. Topped with melted mozzarella, cheddar sauce, honey mustard dressing & spicy guacamole^. Served with a side of rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.	

MEDITERRANEAN VEG NEW V	40
Grilled peppers, roasted cherry tomatoes, basil pesto mayo**, kalamata olives, feta & shakshuka sauce. Served on lightly toasted wholewheat or rye bread.	1790 kJ / 1795 kJ

BAGELS **NEW**

A buttered & toasted bagel, served with a side of rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

HALLOUMI & AVO V	79
Deep-fried halloumi, smashed avo^, rocket & tomato chutney.	

SMOKED TROUT	85
Herbed cream cheese with red onion & cucumber salad.	

PASTRAMI	79
Mustard mayo, rocket, gherkins, jus & battered onion rings.	

^Subject to availability
**Contains nuts
°Contains sesame seeds

MIX, MATCH & SHARE

SPICED HONEY HALLOUMI **NEW** **V** 50

Deep-fried & drizzled with spiced honey.
Served with a herbed yoghurt dip.

ASIAN BBQ CAULIFLOWER BITES **NEW** **VN** 35

Battered, deep-fried & tossed in Asian BBQ sauce.
Sprinkled with toasted sesame seeds° & spring onion.

SPICY BUFFALO WINGS 73

Deep-fried & coated in hot sauce with blue cheese dipping sauce.

CHIPOTLE CHICKEN LIVERS 58

Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with toasted ciabatta.

SESAME-CRUSTED° CHICKEN STRIPS 53

Buttermilk fried chicken strips with sweet chilli dipping sauce.

HEARTY & GENEROUS

Served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

PIT BOSS BBQ GRILL 175

BBQ basted 125g rump, chargrilled beef rashers, boerewors, BBQ chicken wings & grilled corn on the cob.
With a creamy mustard cheese dipping sauce.

SWEET & SPICY WINGS & BBQ RUMP 200

Deep-fried chicken wings tossed in sweet & spicy hot sauce, with a chargrilled BBQ basted 250g rump.

WELSH RAREBIT CRUMBED CHICKEN 130

Avo^, beef macon, creamy mustard cheddar sauce & spring onion.

GRILLED RUMP STEAK **NEW** 177

BBQ basted 250g rump, topped with herb butter.
Served with battered onion rings & jus.

^Subject to availability
**Contains nuts
°Contains sesame seeds

GOURMET BURGERS

Sesame brioche bun°, served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

BBQ CHEESE 104

BBQ basted chargrilled beef patty, layered with cheddar, gherkins, tomato, burger mayo, red onion & lettuce.

AVO^, BEEF MACON & FETA 125

BBQ basted chargrilled beef patty, layered with gherkins, tomato, burger mayo, red onion & lettuce.

BUTTERMILK CHICKEN 89

Sesame-cruste° fried chicken strips, rainbow slaw, grated Parmesan, tomato, honey citrus reduction, burger mayo & lettuce.

BIG DADDY 134

BBQ basted chargrilled beef patty, layered with a fried egg, beef macon, pastrami, cheddar, gherkins, tomato, burger mayo, red onion & lettuce. Topped with battered onion rings.

FALAFEL **NEW** **V** 65

Deep-fried herbed chickpea bites, red onion & cucumber salad, rocket, spiced honey & herbed yoghurt.

FRESH SALADS

REGULAR

MOROCCAN BUTTERNUT & CHICKPEA **V** 70

Roasted butternut, spiced chickpeas, candied walnuts*, cherry tomatoes, feta, spring onions & mixed lettuce, served with honey mustard dressing.

MONTE CRISTO 129

Beef strips, beef macon, avo^, blue cheese, cherry tomatoes & spring onion with mixed lettuce.
Served with honey mustard dressing & bagel melba toast.

^Subject to availability
**Contains nuts
°Contains sesame seeds

FRESHLY BAKED

PIE OR TART SLICE* 55

Served with whipped cream.

CAKE SLICE* 57

Add whipped cream +11

FAMOUS GIANT MUFFIN* 35

Available in sweet or savoury options.
Made from scratch daily with the same recipe for over two decades.

Served with butter, strawberry jam & cheddar +10

PERFECT PAIRS

In our spirit of generosity, we have paired your favourite food & drinks so that you get more & more.

ON-THE-GO BREAKFAST (with beef macon) & EASY CAPPUCCINO 65

BREAKFAST BUN° (with beef macon) & EASY CAPPUCCINO 62

BEEF MACON & EGG TOASTED SANDWICH & EASY CAPPUCCINO 82

CHICKEN MAYO TOASTED SANDWICH & EASY CAPPUCCINO 72

FAMOUS GIANT MUFFIN* & EASY CAPPUCCINO 52



Discovery Vitality members, scan your receipt and get up to 25% back on all qualifying HealthyDining meal options and 50% back on Vitality kids' HealthyDining meals for kids under 12. Make sure you activate Vitality HealthyDining in the latest version of the Discovery app. For more information visit www.discovery.co.za/HealthyDining benefits only apply to qualifying Mugg & Bean menu items. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Terms, conditions and limits apply.

NEW New products

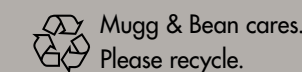
VN No use of, or containing any animal products

LC Lower in carbohydrates

V Lacto-ovo vegetarian: includes dairy products &/or eggs

T&Cs apply. Our cakes are baked fresh in our restaurant with a 3-day shelf-life. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Any change or addition to our original recipes will result in kilojoule count variations. Some items are calculated on the highest kilojoule variant. Only certain crumbles, pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. For full nutritional information, please visit our website www.muggandbean.co.za. While stocks last.

Halaal Sit-Down Takeaway Winter 2021. Prices quoted in rands & inclusive of VAT.



SPILL THE BEANS: 0860 672326
www.muggandbean.co.za

