

DELIVERY MENU

Get more out of your summer with our new seasonal menu. Whether you're in the mood for breakfast, lunch, coffee or something sweet, we'll send over a generous delivery, freshly made just for you. **Not all restaurants will offer our entire range.**
Please refer to delivery partner menus for details.

BREAKFAST & BRUNCH

Fried, scrambled or poached eggs. Served with buttered white, wholewheat or rye toast.

ON-THE-GO | 3288 kJ 74
Two eggs, back bacon & grilled tomato.

CLASSIC | 6543 kJ 99
Two eggs, honey-glazed back bacon, grilled tomato & a hash brown. Served with rosemary-salted skin-on fries.

SOUTH AFRICAN FARM | 8266 kJ 140
Two eggs, back bacon, a hash brown, grilled tomato & boerewors topped with tomato chutney.

SWEETCORN FRITTER STACK | 3645 kJ 102
Cheese & spring onion sweetcorn fritters, back bacon, roasted rosemary cherry tomatoes, avo[^] & ranch dressing. Served with buttered white, wholewheat or rye toast.

BACK BACON & BLUEBERRY BAGEL **NEW** | 3664 kJ 104
Buttered & toasted bagel*, cream cheese, back bacon, blueberry & vanilla coulis, candied walnuts** & honey.

BREAKFAST BAGEL | 3306 kJ 94
Buttered & toasted bagel*, back bacon, scrambled egg, rocket, tomato chutney & basil pesto** hollandaise sauce.

LOW-CARB BREAKFAST **V** **GF** | 2877 kJ 109
Two poached eggs, grilled halloumi, avo[^], sautéed baby spinach & roasted rosemary cherry tomatoes.

CLASSIC EGGS BENEDICT | 4680 kJ 104
A toasted English muffin topped with hickory ham, two poached eggs & hollandaise sauce. Served with grilled tomato & a hash brown.

SOUTH AFRICAN BENEDICT **NEW** | 3423 kJ 129
Two poached eggs, hollandaise sauce & a toasted English muffin topped with a boerewors patty & chakalaka.

*Three-egg or egg white omelette.
Served with buttered white, wholewheat or rye toast.*

CALIFORNIA OMELETTE | 5686 kJ 140
Filled with cheddar, mozzarella & fresh basil. Topped with avo[^], back bacon, feta & basil pesto** mayo. Served with roasted rosemary cherry tomatoes.

RANCHEROS OMELETTE | 6378 kJ 144
Filled with cheddar, mozzarella & shakshuka sauce. Topped with chorizo, avo[^], baby potatoes, charred corn, cherry tomatoes & sriracha mayo. Served with sour cream.

★ | We are committed to only using free-range eggs

[^]Subject to availability ^{**}Contains nuts [°]Contains sesame seeds

MIX, MATCH & SHARE

SPICY BUFFALO CHICKEN WINGS | 3463 kJ 90
Deep-fried & coated in hot sauce. Served with blue cheese dipping sauce.

SESAME-CRUSTED° CHICKEN STRIPS | 3134 kJ 77
Buttermilk fried chicken strips with sweet chilli dipping sauce.

ASIAN BBQ CAULIFLOWER BITES **VN** | 1924 kJ 49
Battered, deep-fried & tossed in Asian BBQ sauce*. Sprinkled with toasted sesame seeds & spring onion.

CHIPOTLE CHICKEN LIVERS | 3441 kJ 74
Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with buttered & toasted ciabatta.

SHARING PLATTER **NEW** | 10613 kJ 239
Deep fried halloumi, sesame-cruste^d chicken strips, spicy buffalo chicken wings, battered onion rings & Asian BBQ cauliflower bites*, served with sweet chilli & blue cheese dipping sauces.

FRESH SALADS

REGULAR

SATAY BEEF & NOODLE | 4075 kJ 142
Beef strips, egg noodles, mango, red cabbage, carrots, spring onion, coriander, basil, mint, peanuts** & satay dressing**.

MONTE CRISTO | 4546 kJ 164
Beef strips, back bacon, avo[^], blue cheese, cherry tomatoes & spring onion with mixed lettuce. Served with honey mustard dressing & bagel* melba toast.

TOASTED SANDWICHES

Buttered & toasted white, wholewheat or rye bread. Served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

CHEDDAR & TOMATO **V** | 5447 kJ 72

CHICKEN MAYO | 5608 kJ 78

BACK BACON & EGG | 6057 kJ 88

HICKORY HAM, CHEDDAR & TOMATO | 5624 kJ 95

SOUP

FAMOUS ROASTED TOMATO & BASIL **V** | 5463 kJ 84
Topped with basil pesto** & served with a toasted white, wholewheat or rye mozzarella sandwich.

HEARTY & GENEROUS

Served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

PIT BOSS BBQ GRILL | 10784 kJ 240

BBQ basted 200g rump, chargrilled pork belly rashers, boerewors, BBQ buffalo chicken wings & grilled corn on the cob. Served with a creamy mustard cheese dipping sauce.

WELSH RAREBIT CRUMBED CHICKEN | 5941 kJ 160

Avo[^], back bacon, creamy mustard cheddar sauce & spring onion.

CREAMY SUNDRIED TOMATO, CHICKEN & GNOCCHI **NEW** | 5112 kJ 149

Grilled chicken breasts, pan-fried gnocchi, creamy sundried tomato & basil pesto** sauce & sautéed broccoli.

SESAME-CRUSTED[°] BEEF[°] & VEG BOWL **NEW** | 6548 kJ 149

Egg-fried basmati rice, stir-fried veg, avo[^], spring onion & crispy ginger slices with honey-soy sauce.

Substitute beef for sesame-cruste[°]d chicken strips* 119 | 4785 kJ

BAGELS

A buttered & toasted bagel*, served with rosemary-salted skin-on fries, sweet potato skin-on fries or a side salad.

ROASTED VEG & FETA **◻** | 4753 kJ 97

Hummus & basil pesto** mayo.

PASTRAMI | 5790 kJ 109

Mustard mayo, rocket, gherkins, jus & battered onion rings.

GOURMET BURGERS

Our new premium 100% beef patties are carefully crafted from only the best prime cuts. They are cooked medium for more & more flavour, unless requested otherwise.

BBQ CHEDDAR | 5989 kJ 136

BBQ basted chargrilled beef patty, layered with cheddar, gherkins, tomato, burger mayo, red onion & lettuce.

AVO[^], BACK BACON & FETA | 7324 kJ 162

BBQ basted chargrilled beef patty, layered with gherkins, tomato, burger mayo, red onion & lettuce.

BUTTERMILK CHICKEN | 5770 kJ 110

Sesame-cruste[°]d fried chicken strips, rainbow slaw, grated Parmesan, tomato, honey citrus reduction, burger mayo & lettuce.

BIG DADDY | 9773 kJ 180

BBQ basted chargrilled beef patty, layered with a fried egg, back bacon, hickory ham, cheddar, gherkins, tomato, burger mayo, red onion & lettuce. Topped with battered onion rings.

FALAFEL **◻** | 4819 kJ 89

Deep-fried herbed chickpea bites, red onion & cucumber salad, rocket, spiced honey & herbed yoghurt.

★ | Our potato & sweet potato fries are locally sourced & we leave the skin on to retain nutrients & reduce waste

FRESHLY BAKED

FAMOUS GIANT MUFFIN[°] | 4266 kJ 44

Available in sweet or savoury options. Made from scratch daily with the same recipe for over two decades.

With butter, strawberry jam & cheddar | 926 kJ +10

CARROT CAKE SLICE** | 5305 kJ 82

PEPPERMINT CRISP[®] CAKE SLICE | 3463 kJ 82

LEMON MERINGUE SLICE | 4521 kJ 82

BAKED CHEESECAKE SLICE | 3768 kJ 82

RICH CHOCOLATE CAKE SLICE** | 4404 kJ 82

PERFECT PAIRS

BACK BACON & EGG TOASTED SANDWICH & EASY CAPPUCCINO | 6536 kJ 114

CHICKEN MAYO TOASTED SANDWICH & EASY CAPPUCCINO | 6087 kJ 100

GIANT MUFFIN[°] & EASY CAPPUCCINO | 4745 kJ 82

HOT BEVERAGES

AMERICANO | 142 kJ 36

CAFFÈ MOCHA | 1190 kJ 43

EASY CAPPUCCINO | 479 kJ 40

SERIOUS CAPPUCCINO | 760 kJ 45

EASY RED CAPPUCCINO[®] | 562 kJ 44

SERIOUS RED CAPPUCCINO[®] | 844 kJ 49

CAFFÈ LATTE | 705 kJ 39

EASY HOT CHOCOLATE | 1410 kJ 44

EASY SALTED CARAMEL | 1590 kJ 45

Decaf +4 | Almond milk** +10

REFRESHING DRINKS

NO SUGAR SOFT DRINKS  | 5 kJ 29

SOFT DRINKS  | 636 kJ 30

STILL | SPARKLING MINERAL WATER | 0 kJ 28

SMOOTHIES

Mixed Berry | 1625 kJ 67

Green **VN** | 1168 kJ 64

MUGGACHINO 58

Refreshingly blended iced drink.

Chino | 1348 kJ

Bar-One[®] | 1690 kJ



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Use these icons to find a meal that suits your preferences & dietary requirements.

- Lacto-ovo vegetarian: includes dairy products &/or eggs
- No use of, or containing any animal products
- Discovery Vitality HealthyDining
- Lower in carbohydrates
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Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options, plus 50% back on Vitality kids' HealthyDining meals for under 12s. To get your rewards, activate HealthyDining on the Discovery app, purchase a Mugg & Bean HealthyDining meal (you can spot it with the 'V' indicator), and scan your receipt in the HealthyDining section of the Discovery app. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Limits, terms and conditions apply.

T&Cs apply. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. Beef macon is available as a substitute for back bacon at selected restaurants only. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Any change or addition to our original recipes will result in kilojoule count variations. Some items are calculated on the highest kilojoule variant. Only certain pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway. For full nutritional information, please visit our website www.muggandbean.co.za. While stocks last.



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Please recycle.

Delivery Generic Winter 2022. Prices quoted in rands & inclusive of VAT.

Uber
Eats

